

# Study on the modernization Development of Mo Jia quan of Intangible Cultural Heritage

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**Abstract:** This paper uses the method of literature, field investigation and other research methods to study the modernization development path of Mojiaquan. Perfect the theory and logic of the modernization development of Mojiaquan, Put forward the modernization development path: "into the campus", inheritance and development advance together; Build intangible cultural heritage workstation to integrate resources; Constructing the training mode of "martial arts" and "martial virtues"; "Into the community", enhance the consciousness of conscious inheritance and cultural confidence. With Mojiaquan as the core, a local multi-sided interactive and mutually beneficial inheritance mechanism will be formed, the ecological environment of traditional martial arts culture will be established, and Mojiaquan ecosystem in Guan will be created.

## 1. INTRODUCTION

In the report of the 20th National Congress of the Communist Party of China, the proposition of "Chinese-style modernization" is clearly put forward, and the mission, task and essential requirements of Chinese-style modernization are discussed. China's sports modernization, especially the modernization of traditional national sports, is based on China's basic national conditions and development reality. Under the leadership of the Communist Party of China, sports modernization with Chinese characteristics is a certain level and state of development reached in a specific period and a specific stage of China's sports undertakings. In the perspective of Chinese modernization, realizing the modernization of national traditional sports has become the fundamental direction of modern sports development, and the only way to realize the grand goal of sports power. In May 2021, Mojiaquan was listed in the fifth batch of representative items of national intangible Cultural heritage. This paper attempts to study the theory logic, function and value of Mojiaquan modernization development by combing the historical evolution and mode characteristics of Mojiaquan modernization, promoting its overall status, expanding its cultural influence, and improving the practice path of Mojiaquan modernization development.

## 2. The theory and logic of the modernization development of "Mo Jia Quan"

As the cultural heritage of Guan, Mojiaquan has its own unique value. In the face of the world cultural impact and its own inevitable extinction, how to recognize self-value,

accurately position the development direction, study and discuss the law of its evolution to modernization, consolidate the guiding position of Mojiaquan's theoretical research and technique principles, and lay a solid theoretical foundation for the development and prosperity of Mojiaquan?

### 2.1. The guiding status of theoretical research is fuzzy

First of all, the historical origin, inheritance and cultural connotation of Mojiaquan should be sorted out theoretically, and the unique value contained in Mojiaquan itself should be explored. We talk about modernization on the basis of striving not to give up the excellent traditional culture of China, and keep the excellent traditional things in the process of realizing modernization [2]. While highlighting the unique value of Mojiaquan, it will be creatively transformed into the traditional sports culture suitable for modern development, and master the discourse power of the cultural development of The Times. It is recorded in the ancient boxing score of Mojiaquan in Guangdong, called "six degrees of Yin and Yang Palm", Mojiaquan originated in self-defense, standing in fitness, fighting in competition, practicing in daily life, embodied in martial arts, and attributed to martial virtues, with far-reaching martial arts value and cultural connotation [3]. In the early days of its establishment, Mojiaquan developed and expanded to protect the family and the country. It was honored as one of the "Five famous Boxing" in Guangdong Province and has become a deep-rooted "symbol" of southern martial arts in the hearts of Lingnan people.

Secondly, with the strong invasion of western foreign culture and the overwhelming advantage of modern sports

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culture, the living environment of traditional sports has changed greatly. Although the relevant departments of Qiaotou government began to pay attention to the transformation of the modernization development of Mojiaquan as early as 2007, due to the lack of research on the theoretical foundation of the opposition, Mojiaquan from history to modern, there are many problems such as the single inheritance way, the separation of fighting, martial arts movement and routine inheritance, the weakening of basic techniques and technical principles, the weakening of martial virtues etiquette and the weak theoretical research.

## **2.2. Contradiction between self value and development goal**

Teacher Cheng Dali said: "The protection should be comprehensive and detailed, to maintain the original appearance of traditional martial arts, to protect the original taste of traditional martial arts" [4]. Different from other intangible cultural heritage items, traditional wushu achieves the value of self-protection through physical confrontation such as fighting and actual combat. However, its spiritual and cultural connotation of "martial virtues", "educating people with martial arts" and "cultural symbols" cannot be inherited with only a few boxing scores. Therefore, the inheritance of martial arts and boxing types is ultimately a cultural production activity passed down from generation to generation. Inheritors are required to pass on and continue between generations in the original ecological traditional areas through such inheritance practices as teacher inheritance and oral inheritance and continuous development. The Qiaotou government, an important heritage site of Mojiaquan, has launched a series of protection actions and applied for intangible cultural heritage step by step. In May 2021, Mojiaquan was listed in the fifth batch of representative projects of national intangible cultural heritage. In the "post-intangible cultural heritage period", Qiaotou town actively integrated town, village and school resources, from the point and surface to jointly build the Mojiaquan inheritance platform, share the cultural concept of Mojiaquan, create the Mojiaquan diversified inheritance mode, and then make Mojiaquan into a traditional martial arts project with wide coverage, outstanding brand effect and strong team strength. A government-led inheritance and development system has been formed. Although some achievements have been made, the protection of the original inheritance environment of Mojiaquan has not given full play to the values of inheritors and inheritance subjects.

## **3. The implementation path of modernization development of intangible cultural heritage Mojiaquan**

### **3.1. Construct the training mode of "martial arts" and "martial virtues"**

Martial arts should not only pay attention to techniques to sharpen the body and skin of the practitioners, but also pay attention to the norms of martial arts in practice to temper their will quality, seeking the integration of "martial arts" and "martial virtues" to achieve the principle of martial arts training both inside and outside. The early development of Mojiaquan in the campus, in the form of operation, routine into the big recess. The popularization model is difficult to mobilize students' interest in learning and meet parents' expectations for martial arts practice. In the process of modernization transformation, we should restore Mojiaquan's original confrontational "martial arts" characteristics, emphasize the will quality standard of "martial virtues", and safeguard the noble national spirit. Through the traditional fight-and-attack confrontation exercises, the students' ability of both attack and defense is improved and their interest in learning is enhanced. With the accumulation of martial arts training time, students not only deeply sewed moral ethics into their soul, but also tempered the unyielding strong will quality and good behavior norms, transforming the original abstract moral concept into a value recognition and life attitude in the heart of martial arts practitioners [4]. Under the norms of social morality, the carving of martial arts techniques is a process of sharpening the quality of one's mind and will and deepening the understanding of "martial virtues". In the development process of Mojiaquan, we should not only pay attention to the teaching of technical skills, but also pay attention to the embedding of "martial virtues" self-cultivation, so as to better adapt to the process of modern development of people's transmission of martial arts spirit.

### **3.2. "Entered the campus", and the inheritance and development were promoted together**

"Entering the campus" is an important way to promote the protection and inheritance of intangible cultural heritage. As the only traditional martial arts form in Dongguan, Mojiaquan has entered the fifth batch of national intangible Cultural Heritage representative items list. In the integration of Mojiaquan with campus culture, it can promote the effective inheritance of regional intangible cultural heritage projects, shape the campus culture influenced by intangible cultural heritage, enrich physical education curriculum resources, and deepen teenagers' conscious awareness of intangible cultural heritage protection. First of all, the Mojiaquan into the primary and secondary school physical education system, through the Mojiaquan recess, school-based curriculum to let more young people practice Mojiaquan techniques to exercise their body, temper good martial virtues. Feel the charm of intangible cultural heritage and become

practitioners of intangible cultural heritage inheritance imperceptibly. Secondly, we should strengthen the cooperation between Mojiquan and universities and seek the theoretical and academic guidance of wushu researchers. In recent years, relevant state departments have begun to attach importance to the connection between folk wushu and colleges and universities. "Exchange Martial Arts Skills and Protection of Cultural Heritages - Traditional Wushu Performance Activities" hosted by Shanghai Institute of Physical Education have invited folk artists and representative inheritors to give lectures and lectures in colleges and universities [5].

### **3.3. "into the community", to enhance the consciousness of conscious inheritance and cultural confidence**

We will strengthen people's understanding of traditional culture and enhance their cultural confidence and self-awareness. As early as 2009, Qiaotou Wushu Association, with the support of the Qiaotou Town government and other relevant departments, carried out an in-depth activity of "Mojiquan into the community", and incorporated Mojiquan into the internal system of social sports public service, teaching Mojiquan to the public free of charge. Targeted compilation and promotion of teaching materials to attract more teenagers, middle-aged and elderly people to participate in the inheritance of Mojiquan, giving full play to its awareness of inheritance subject. From the point of view of sports health, in order to meet the needs of public fitness, the complicated Mojiquan movement to simplify, and with music into martial arts exercise to promote. As early as 1925, Lin Yin Tang had already incorporated Mojiquan's moves into the dance to create a "healthy dance", which was well received by students of Jingwu Association and even overseas Chinese [6]. From the perspective of inheritance, as the creator and inheritor of culture, human's interpretation, reconstruction and transmission of cultural psychological level are important factors in the process of cultural inheritance. Therefore, inheritors play a pivotal role in the process of inheriting intangible cultural heritage [7]. As the main body of cultural inheritance, the inheritors, especially the middle-aged and elderly people, have more time than the young people and spend more time in the inheritance area. To health care as the goal, organized, planned practice Mo Jiquan, let MoJiquan into the daily life of the people to create a MoJiquan dominated by the physical health environment and atmosphere. Improve the appearance of Mojiquan in the inheritance area and enhance the sense of identity of Mojiquan among the people in the inheritance area.

### **3.4. Build intangible cultural heritage workstations and integrate resources**

With the help of the intangible cultural heritage dissemination platform, we can link forces from all walks of life and integrate superior resources to promote the creative transformation and innovative development of MoJiaquan. In 2016, for productive protection projects, the

state proposed new ideas and new measures of "Constructing the inheritance system of Chinese excellent traditional culture, strengthening the protection of cultural heritage and revitalizing traditional crafts", and encouraged the establishment of intangible cultural heritage workstations. MoJiaquan Intangible Heritage Site is a civil society organization established by Dongguan Qiaotou Martial Arts Association with the support of Qiaotou Town government, Qiaotou Cultural and Guangzhou Center and other units. It is committed to the inheritance and development planning, resource integration, platform publicity and promotion, inheritance, protection and training mechanism of MoJiaquan. The work of intangible cultural heritage should play an active role, link forces from all walks of life, attract the participation of media, creative research institutes, schools and research institutions, and give full play to the advantages and expertise of each partner unit. First of all, experts and professors from Guangzhou Institute of Physical Education were invited to participate in the theoretical research and academic guidance of Mojiquan. Secondly, with the participation of TV station paper media and various new media, a series of Mojiquan cultural columns, propaganda videos, micro videos and other media are carried out, and offline Mojia boxing themed activities are held. Broaden the channels of publicity and promotion of Mojiquan, strengthen the exposure of Mojiquan, and promote Mojiquan in an all-round and multi-dimensional way.

## **4. Conclusion**

To sum up, Mojiquan in the fifth batch of national intangible cultural heritage list should consolidate the guiding position of theoretical research and technique principles of Mojiquan in the modernization inheritance work, so as to solve the contradiction between its own value and development goals. Return to the source of "martial arts" and "martial virtues" integration, both inside and outside the principle of martial arts training. Through "entering the campus" and "entering the community", we can cultivate inheritors and inheritance groups, improve the self-confidence and consciousness of inheriting regional culture, and promote the modernization development of the intangible cultural heritage Mojiquan.

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