Preface

The 2023 4th International Conference on Mental Health, Education and Human Development (MHEHD 2023) was held in Hangzhou, China from May 19th to 21st, 2023. The purpose of MHEHD 2023 was to discuss the present status and future perspectives of the mental health, education and human development. The following five topics were selected in order to cover most of the scientific program and highlight an area where new ideas have emerged over recent years:

(1) Guidance and Counseling Psychology;
(2) Social and Behavioral Sciences;
(3) Adult and Continuing Education;
(4) Psychological Assessment;
(5) Child & Adolescent Psychology, etc.

There were about 150 participants. In addition to the keynote speeches, we had many presentations selected from the contributed papers, which included oral and poster sessions. And this proceedings contains the papers presented in keynote and selected talks together with those presented in poster sessions.

At the Conference, the participants discussed a wide range of issues affecting the theoretical and other related aspects of research problems concerning mental health, education and human development. Besides, we had a comprehensive overview of this fascinating field and of future scenarios thanks to the participation of leaders from important projects. Professor Lixin Sun Ningbo University, China performed a keynote speech and shared with us her own research experience and professional view with the report The Impact of Learning Engagement on the Subjective Well-being of Disadvantaged Older Adults in China. How to make the lives of the disadvantaged older adults happier in their old age, promote their subjective well-being, and realize the “enjoyment of the elderly” is of great practical significance in improving social civilization and building a harmonious society. Her study is based on the survey data from the lower counties of Ningbo city in Zhejiang province, where there is a high concentration of older learners, and uses SPSS 27.0 software to process the data.

We wish to acknowledge our host institutions, sponsors, and the many people whose work made this Conference possible. We would like to express our gratitude to the members of the Program Committee and those of the Organizing Committee for their efforts which made this Conference successful. In particular, we would like to present our great thanks to the editors and other colleagues of SHS Web of Conferences for their patience and kind assistance in publishing this paper volume.

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