

The influence of home-school cooperative education on Chinese learning in the era of "Internet +" -- from the perspective of attachment theory

Qiuzi Lin *

Fuzhou University of International Studies and Trade, Fuzhou, Fujian, 350202, China

Abstract. In our country, the traditional learning mode plays an important role in the youth's school learning. This research is based on Internet technology, summarize the experience and explore the psychological problems encountered by primary school students in Chinese learning, using the quality of parent-child relationship with parents, it can better help children solve the obstacles in language learning and improve their language performance. After summarizing domestic and foreign literature, I found some shortcomings in previous studies, for example, there are few literatures on the relationship between teenagers' Chinese learning and the quality of parent-child relationship, and how to promote home-school cooperation from the perspective of psychology so as to effectively help teenagers' Chinese learning. It is predicted that good parent-child relationship can promote home-school cooperation and improve teenagers' language achievement.

1. Introduction

With the development of The Times, in the "Internet +" environment, the traditional learning mode has gradually exposed its weaknesses. For example, the single way of learning and cognition, the degree of mental health and the quality of parent-child relationship have a profound impact on primary school students' Chinese learning and the deviation of teenagers' values. Under the new "Internet +" background, in order to make home-school cooperation play its due role in correcting teenagers' correct interpersonal relations and promoting teenagers' Chinese learning, it must be deeply explored, reformed and innovated.

1.1. Connotation of school-school cooperation

In 2021, the Ministry of Education issued the Notice on Studying, Promoting and Implementing the Law of the People's Republic of China on the Promotion of Family Education, which put forward several requirements on how the education system should implement the Law on the Promotion of Family Education. It is mentioned that family education guidance services should be included in the school work plan and relevant working mechanisms should be established and improved. Take family education guidance service as the content of teachers' professional training to improve teachers' ability and level of carrying out family education. Promote the improvement of family, school and community coordination mechanism, and form an effective model of family, school and community cooperation in educating

people. In October 2021, the Family Education Promotion Law of the People's Republic of China was officially promulgated, proposing to "smooth the communication channels between schools and families, and promote the cooperation between school education and family education". With the Party and the state attaching importance to family education, home-school cooperation has also been pushed to a new height of development [1]. At present, the research of home-school cooperation at home and abroad mainly focuses on general learning and the communication between family and school in the concept of "five education", but there is relatively little research on parent-child attachment relationship and thematic methods of Chinese learning.

1.2. Connotation of parent-child relationship quality

Family is the first environment for everyone's growth and an important micro-environment that affects individual socialization and individual physical and mental development. Thus, as a key factor in family relationship, parent-child relationship is the main factor that affects the physical and mental healthy development of children and adolescents [2]. Gailiot, Mead and Baumeis-ter mentioned in their research that the period from infancy to childhood is an important period for children to establish attachment with their parents or primary caregivers. Bowlby (1969/1982) theorized that when children consistently experience their parents and other important caregivers as providing a secure base

* Corresponding author: 3094264352@qq.com

from which they can explore and a safe haven they can rely on for comfort, protection, and connection when needed, then children will develop a secure attachment. Ainsworth, Blehar, Waters, and Wall (1978) demonstrated that the quality of parental caregiving was systematically linked to patterns of attachment in children. Parents who provided sensitive care had children who were securely attached. Sensitivity was defined as the caregiver's ability to perceive, accurately interpret, and appropriately respond to child signals [3]. Parent-child attachment refers to a strong and lasting emotional connection between an individual and a caregiver. Children who can establish secure attachments with their parents develop better social skills, are more optimistic, and have fewer maladjustment problems [4]. At present, most domestic and foreign researches on the quality of parent-child relationship focus on the psychological impact of parent-child relationship on adolescents and how to guide the positive development of parent-child relationship, but the impact of parent-child relationship on learning is relatively lacking.

2. Materials and methods

After integrating a large number of previous literatures, teenagers' good cognitive use of advantages will form positive interactions with the outside world through their good beliefs and positive communication methods formed with their parents, and finally successfully achieve psychological adaptation. If the family and school can make good use of such attachment pattern to guide the positive development of teenagers and guide them to develop a correct outlook on life and values, it will certainly have a significant effect on the improvement of their Chinese learning [5].

3. Results and discussions

3.1. The importance of mental health to Chinese learning

Chinese learning is a comprehensive process of psychological activities, it is not only a process of personnel development, but also a process of emotional and will development, and also a process of ability, character formation and development. An important factor to ensure the normal progress of this process is that students have healthy psychology. Chinese teaching should naturally follow this law, and the prerequisite for Chinese teaching to achieve good results is that students should have good psychological quality [6]. The factors affecting teenagers' mental health not only come from the schoolwork pressure and study pressure, but also from social interpersonal relations and other aspects of the problem, and these psychological problems will certainly have a certain impact on the enthusiasm of teenagers to learn Chinese, so school teachers can not fully resolve all aspects of teenagers' psychological problems. At this time, a healthy parent-child relationship is needed to help teenagers have good

communication and support, which can be more effective and more targeted to relieve individual psychological pressure and anxiety. Besides, young people's outlook on life, values are in the formation stage, at this time the degree of mental health has a far impact on it, and the outlook on life, values is the most important thing to cultivate the Chinese subject, at this time more need to have a healthy psychology.

3.2. The importance of good parent-child relationship in Chinese learning

The main focus of primary school Chinese learning is to help students accumulate basic words and sentences, improve their comprehensive quality and ability, establish a relatively perfect comprehensive practical quality of Chinese, so that Chinese subjects can effectively cultivate students' aesthetic ability and the cognition and pursuit of Chinese culture and cultural essence, and create a good environment for Chinese teaching practice. To improve the Chinese learning efficiency of teenagers [7].

In the process of Chinese learning, young people will certainly encounter frustration and pressure, when these difficulties are not effectively relieved, it will certainly have a greater impact on their Chinese learning effect. Therefore, a good parent-child relationship is a very important factor in the process of Chinese learning. Xu's research found that if a healthy and positive parental attachment relationship can be incorporated, it can effectively increase the positive implicit emotions of adolescents and promote the automatic recovery of negative emotions. Positive mother-child and mother-daughter communication can effectively relieve individual psychological pressure, and mutual acceptance and comfort can effectively buffer the anxiety generated by an individual in the process of adaptation. However, a positive father-son, father-daughter trust relationship can gain courage and motivation when children are confused and helpless.

3.3. The importance of good parent-child relationship in home-school cooperation

Family education precedes school education, and its importance is self-evident. Schools should actively cooperate with parents, and each school plays its own role to jointly escort the mental health growth of teenagers [8]. When the school carries out relevant psychological education work, the participation of parents can not only provide human resources for the psychological activities of the school, but also supervise the behavior of the school and the implementation of mental health education in the school, so as to create a good environment for teenagers and constantly help them establish correct ideas and concepts [8]. In addition, home-school collaborative research on juvenile mental health problems can also narrow the distance between parents and schools, enhance mutual trust, and make parents feel safe to entrust teenagers to schools for education and management [8]. Not only that, a secure

attachment relationship can also allow adolescents to achieve a quiet and peaceful state during learning, thus promoting their concentration and better language learning.

3.4. Combine Chinese classroom with family education

3.4.1 Accumulation and edification in daily life

There is an old Chinese saying: "Poetry in the belly is natural." Ancient poetry is the carrier of the traditional culture of the Chinese nation, and if you can be gentle and elegant when talking with people, the language is appropriate and standard, it will naturally be respected by others[9], which can indirectly promote mental health. And the subject of Chinese, is the most direct accumulation of ancient poetry subject, so to learn the subject of Chinese is very important for young people. However, the way to accumulate ancient poetry should not only be limited to the school Chinese classroom, but also should be permeated in daily life, family education can do this. For example, in the study of "Lottery" article, under the education and influence of the family, little Qingling knew the importance of integrity from childhood, although the friend broke the date lastly, but she still kept her promise and happy. However, the knowledge taught in the Chinese class can only stay in the classroom itself, can not be implemented into the specific life of each teenager, and family education can just make up for this vacancy.

In addition, rich book resources give children the opportunity to expand their knowledge, language is the art of writing, books are everywhere in the language, parents' interest in reading, the family's rich collection of books on the one hand infected children to form a good habit of loving reading, on the other hand, it also indescribably cultivated children's language sensitivity and love for language. According to the characteristics of children's psychological development, what children are best at is imitation, if this can be done every day in family education, children will certainly be influenced by it, which also reflects the importance of family education and family division for primary school students' Chinese learning [10].

3.4.2 The cultivation of life ability

In primary school Chinese teaching, it is very important to pay attention to the investigation of students' comprehensive Chinese ability, listening, speaking, reading and writing, which is not only to understand and consolidate students' basic knowledge, but also to strengthen and optimize students' comprehensive practical ability, and play a guiding role in actively building students' good Chinese quality[7]. Mindful caregivers who understand the importance of their interactions with the child in early years of life will provide care that spurs optimal developmental trajectories of the child promoting future optimal functioning and participation of this child in

society[12]. If students want to have good communication ability, strong language expression ability is the foundation, and improving students' oral communication ability is a very important part of non-Chinese learning[8]. However, the personality of every teenager is different, some teenagers are more solitary and inferior, which will make them not love to speak, which will affect their oral communication ability.

Children's age is young, it is easy to be affected by external factors, parents as the child's first teacher, in the character of children's great responsibility, once in the parenting period into the misunderstanding, it is easy to have a negative impact on the child's character. In this regard, we should follow the laws of children's physical and mental development, adopt scientific parenting methods, and help children develop good and sound personality [11]. Family environment is very critical for children, warm and harmonious family atmosphere can not only make people feel safe and comfortable, but also have unexpected effects on the cultivation of children's good character. As the closest person to children, parents should make children feel warm in every word and action, and ensure that children can actively get close to their parents, instead of being afraid of them[11]. Therefore, it will allow adolescents to form a secure attachment, so that children are willing to communicate with their parents. If you can communicate well with your parents for a long time, you will not only keep your parents in a positive and healthy state, but also improve your oral communication skills.

3.5. The Internet can promote home-school cooperation

3.5.1 Teach parents more targeted parenting styles

Wu Nianyang and Zhang Dongyun said that parent-child relationship is the basis of family education, but also the result of family education, attention to parent-child relationship, call for a good parent-child relationship, should become an important part of psychology and family education. However, most parents don't have the appropriate knowledge of adolescent psychology. Therefore, it is particularly unable to understand the psychological needs of teenagers, and the wrong educational methods are used, which greatly increases the probability of estrangement and conflict between the two generations. Confucius, the ancient Chinese educator, once advocated the educational method of "teaching students according to their aptitude", believing that each young person's personality characteristics are unique so that education needs to be tailored to each individual. At this point, parents may use a "one-size-fits-all" approach based on books on the market or short videos can't really have good communication on the Internet. When teachers interact with children in class and after class, they have a different understanding of each child, which can help parents communicate and educate their children better.

In the past, the home-school communication mode was very simple and limited, which was generally

manifested as parents' meeting, notification of receipt and communication from students, so the communication efficiency and effect were very low. Under the background of the Internet, with the help of home-school cooperation model, home-school cooperation has been developed to continuously reform the education concept of new parents, so that parents can understand the character and growth process of their children in a real sense, do a good job of parental guidance, and create a good home-school cooperation atmosphere.

3.5.2 Parents should be taught more ways to help pupils improve their language learning achievements

In Chinese learning, oral communication ability is a very important part. However, for those students who have low self-esteem, there may be certain difficulties in this area, and students who face this part must first encourage them to speak. A lot of kids are very uncomfortable speaking in public, to solve this problem, we can ask parents to record a video of their child's speech at home every week and check it in QQ or wechat group. Because children are more likely to talk when they are securely attached to their parents, Chinese teachers can make use of this to gradually transition from online speech videos to offline questions and speeches, and then make speeches on stage. Gradually improve pupils' oral communication ability.

4. Conclusion

By summarizing the literatures, this study believes that a good parent-child relationship with the support of the Internet can effectively promote teenagers' language learning. Moreover, the Internet also provides many new ideas and new models for home-school Chinese learning cooperation, greatly improving the efficiency of home-school communication, and thus improving students' Chinese learning achievements. Take the parent-child relationship in home-school cooperation as a foothold, link the efficiency of home-school cooperation with psychology, and innovate home-school cooperation from a new perspective. Made up for Part of the gap in prehuman research. It is predicted that home-school cooperation in language learning will be promoted.

However, this study is not an empirical study and lacks certain data support. It is hoped that some scholars can conduct some experiments on this part of the research in the future to prove its authenticity and reliability.

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