Exploration of English teaching Strategy based on English linguistics theory

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Abstract: At present, the development speed of international economic and cultural integration is accelerating. As one of the world's common languages, English is of great significance in university teaching. As the foundation of English education, linguistics plays an irreplaceable role in the study of the nature, law and application of language. Studying linguistics can enable students to better understand and use English. Therefore, guided by the basic principles of English linguistics, discussing the countermeasures of English teaching plays a very important role in improving college students' comprehensive ability of English listening, speaking, reading and writing and their ability to carry out cross-cultural communication in universities. This study will take English linguistics theory as the research object, and from the construction of reasonable teaching task, create reasonable teaching environment, build team linguistics learning model three aspects put forward the English linguistics theory in college English teaching strategy, for the development of college English teaching to provide certain guidance.

1. Foreword

Under the guidance of linguistics theory, linguistics is a traditional compulsory course for college English major, which plays an important role in teaching. Learning linguistics in college English major can not only improve their English learning level, but also improve students' own professional quality, broaden students' thinking and horizon, and lay a solid foundation for students to enter the society and the workplace[1]. However, the high theoretical content of the language discipline and many professional terms make most students feel that learning the language is boring and lack of interest in learning and exploration[2]. At present, there is a phenomenon that teachers are unwilling to teach and students are unwilling to learn, which leads to a relatively awkward situation of English linguistics teaching in universities. Therefore, in college English language teaching, we should actively explore the countermeasures to improve the level of English language teaching, so that it can better play its due function in college English teaching, cultivate students' professional quality, academic spirit and scientific research ability, so as to improve the quality and efficiency of university language education.

2. An overview of English linguistics theory

In simple terms, linguistics is a science of explores language phenomenon and its laws with human language. However, linguistics is also a comprehensive science, which has not only the characteristics of language itself, but also the use of language in real life. Learning is a process of second language acquisition related to language. English is one of the most widely used languages in the world today, which has made an important contribution to promoting international economic and cultural exchanges[3-4]. In college English teaching, many teachers teach it based on the existing knowledge, and ignore the students' learning ability. In teaching, in order to improve the test scores, students often focus on the knowledge points and test points, and often tend to ignore that English itself is a language worth studying and learning[5]. At the same time, the basic principles of linguistics is also an important aspect of English learning, and also an important guarantee for the use of English language standards. At the same time, I can extend from English to other subjects and improve my language learning ability in an all-round way. In the process of university teaching, if teachers can properly use the theoretical knowledge of linguistics to teach, they can better connect theory with practice, and they can master the focus of English in theory, so as to make the teaching more efficient[6]; however, if only from the surface of grammar and vocabulary, English teaching will face many difficulties.

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3. Correlation analysis between sociolinguistics, applied linguistics and English linguistics teaching in universities

3.1. The correlation between sociolinguistics and English linguistics teaching in universities

Sociolinguistics focuses on the practicality and sociality of language, which is because language itself is a part of social culture, but also a unique social phenomenon, which is a means used for human beings to express their ideas in the process of daily communication[7]. Social linguistics advocates college English practice of scientific and reasonable, need students to fully understand and master the language culture background, local conditions, social conditions, explore various elements in the process of social culture development, and combine with the college English listening, speaking, reading and writing, in order to achieve the purpose of improving the quality of English teaching. In order to let students master the surface meaning of vocabulary, phrases and sentences, and deeply understand the connotation of the language, it is necessary to guide them to learn and master the cultural background of the language in a lot of listening and practice[8-9]. Therefore, in the process of teaching English linguistics, teachers should guide students to use the language correctly and reasonably in real life. College English teaching should not only impart vocabulary, pronunciation, syntax and other knowledge, but also cultivate students' communicative ability and social ability, and pay attention to the cultural factors that students feel in the learning process.

3.2. Correlation between applied linguistics and English linguistics teaching in universities

Applied linguistics emphasizes that we should pay attention to the communicative nature of language in teaching, and apply the knowledge of linguistics to science to solve the related problems, that is, it can solve the problems encountered in language theory and teaching in practice[10]. In the process of integrating applied linguistics into university education, teachers should pay attention to cultivating students' awareness and ability of language use, not only to let them know how to answer questions, but also to let them practice and communicate in daily life and in learning and practice. Under the guidance of language theory, the ideal teaching effect can be achieved only by adopting practical teaching methods[11]. At the same time, college English teachers must change the traditional English teaching idea, break the traditional exam-oriented education "cramming" teaching mode, put students in the main body position, change the students accept the passive situation of English, fully mobilize and arouse their interest in English learning, guide them to use English, let them actively participate in classroom discussion and communication, so as to achieve the effect of college English application teaching[12].

4. The English teaching strategy of English linguistics theory

4.1. Cohesion theory

Cohesion is an important concept in the process of English teaching chapter analysis, it is to make the chapter in the grammar and vocabulary consistent an effective method, its main performance is: reference, omit, alternative, etc; connection, vocabulary cohesion, etc.[13], in the college English reading, translation, listening, writing has a very important role. The author combines the examples of college English listening teaching, and analyzes the application of cohesion theory in college English class. For example:

M: I'd like to cash a check, please. I have an account here.
W: Fine. Just make it out to "cash".
Q: Where did this conversation most probably take place?

In the above English listening materials, the key words are cash a check and have an account, and check and account themselves belong to the inertial collocation of cross-sentence words, which have a certain correlation in language expression and translation. Therefore, the comprehensive analysis of this linguistic characteristics of this dialogue takes place in the bank trading place[4].

4.2. Metaphor and cognitive theory

Metaphorical cognition is also a cognitive method and mode of thinking. It is a dynamic transformation from one cognitive domain to another. The understanding of familiar concepts and the description of unfamiliar things help students to better understand and master the text[14-15]. This theory can be used in the teaching of reading, listening and translation, and has a good effect on improving the quality and efficiency of college English teaching.

5. The English teaching strategy of English linguistics theory

5.1. Construct reasonable teaching tasks and teaching objectives

In order to deepen and solidly promote the methods and strategies of college English linguistics teaching, college English teaching must be based on autonomy and practicality, and establish a clear, scientific and reasonable English teaching objectives. For example, in the stage of setting English teaching objectives, it can be integrated with online resources, and then the teaching tasks and plans can be formulated, and the social linguistics content and applied linguistics content with strong practical value can be taken as the focus of teaching[16-17]. In this way, students can not only have a
5.2. Create a reasonable teaching environment to stimulate the enthusiasm of students to participate in learning

Based on the English teaching of English linguistics theory, teachers should create a scientific and reasonable English learning environment for students, and stimulate students' enthusiasm and initiative to participate in English education. First of all, teachers should create a reasonable teaching environment, stimulate students' enthusiasm to participate in learning, and have a deeper understanding of students' English knowledge[18-20].

5.3. Build a team-style linguistics discussion and learning model

In English teaching based on English linguistics theory, students can be divided into different groups, with each group forming a research group. Explore language knowledge through group learning and evaluation[24-25]. Teachers can arrange a number of inquiry topics, and by the group discussion, analysis. For example, in the chapter of teaching language, the teacher can guide the students to analyze a dialogue in a film, and then ask them to collect, analyze, organize and discuss the data after class, and show the discussion results of the research group in class within a specified period[26]. It can be all group members or group representative: oral or written. This method can make the teacher have an intuitive understanding of each student's participation, and analyze the problems existing in the group discussion and study, so as to adjust the classroom teaching strategy, and improve the teaching quality as a whole. In addition, in the teaching process, teachers should also guide students to obtain sublimation in the perceptual knowledge of English. For example, students should conduct in-depth research and discussion on the language issues they are interested in, and carry out academic research on English teaching topics under the guidance of teachers, so as to improve students' language research ability and quality[27-28].

6. Conclusion

English teaching based on English linguistics theory can not only enable students to have a better understanding of the meaning and use of English vocabulary and syntax, but also strengthen the cultivation of students' English skills and English communication ability, so as to have more targeted teaching methods. However, some universities still have some deficiencies in the process of teaching English linguistics theory for students, which has a certain restrictive effect on the improvement of students' practical ability and the development of learning ability. Therefore, teachers in the application of English linguistics theory in English teaching process should actively build reasonable teaching tasks and teaching objectives, at the same time create a reasonable teaching environment, stimulate students to participate in teaching enthusiasm and initiative, can also use a team linguistics seminars for students' English teaching creation environment, cultivate the students' comprehensive language ability.

Acknowledgments

This article is one of the phased achievements of the research on teacher professional certification under the background of the National Social Science Fund's general project "New Era Basic Education Strong Teacher Plan" - taking Ma'anshan Normal College as an example (+2023AH052472).

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